



# Seasoned Baobab Leaf Powder

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## Ingredients

- Dry baobab leaf powder
- Spices
- Traditional seasoning "Afitin"
- Dry smoked fish.

## How to use

Put 10g of seasoned baobab leaf powder in 300mL of boiling water and mix progressively until you obtain a homogeneous sauce.

Boil for about 5min. Adjust the ingredients in function of your taste. Serve hot with cereal dough or couscous.



## Nutritional value

- Calcium: 1642.29mg/100g
- Iron: 36.68mg/100g
- Phosphorus: 710.72mg/100g
- Magnesium: 193.21mg/100g dough

## Target consumers

Good for all classes of the population of your taste.

## Claims

Baobab leaves are involved in the treatment of hemorrhoids, diarrhea and stomach-ache

Baobab leaf powder is known to have antihistamine and anti-high blood pressure properties.

